

Columbia Horse Center March Newsletter

10400 Gorman Road Laurel, MD 20723 301-776-5850

Adult In-House Show: March 27th

Sign up in the Barn Office!

Wanja Gerlach Clinic: March 21st

Riders must be A1+ or above



Rest in Peace, Buddy



Karen Bone Clinic

Extend your Skills!

1-hour lesson with 30-minute lecture

March 14th

Subject: Improving your Contact

Adult Camp:

Friday 3/20 (6-9 PM), Saturday 3/21 (6-8 PM), and Sunday 3/22 (6-8 PM)

Every so often, our adult students like to take a break from the daily grind of life. To help them with this, we offer our adult camp! The camp runs for three, fun evenings. Each evening consists of a horse related lecture, riding lesson, and discussion time. We also offer light snacks and socialize.

Why you Should Ride as an Adult

Whether you are a beginner, intermediate, or advanced, horseback riding as an adult can be intimidating. Watching fearless teenagers gallop their horses over 3-foot jumps may be discouraging, but there are some awesome advantages as an adult amateur.

1. **Motivated:** Adults riders take time out of their busy day, and money out of their wallets, to attend weekly riding lessons. Younger horse lovers often take their horse time for granted, but never the adult amateur.
2. **Attentive:** Adult riders are observant and love to gain a deeper knowledge of the 'why' and 'how' of horseback riding. Again, this goes back to motivation. If you're spending the time and money, of course, you'd want to get the most out of your lesson! Clinics are a wonderful way to gain extra insight outside of your usual class. This March both Karen Bone and Wanja Gerlach will be sharing their expertise with eager equine enthusiasts.
3. **Supportive:** Adult amateurs always encourage other horse lovers! Most group lessons create a non-competitive and positive atmosphere. Some even meet up for non-horse related activities. CHC's adult camp and adult in-house show provide this fun and lighthearted environment, as well!
4. **Appreciative:** Adults ride because of their love for the horse and the sport. Children sometimes hyper-focus on jumping higher or winning every blue ribbon. They can forget why horses are so magical in the first place. Whether it's grooming, grazing, or time in the saddle, adults always appreciate each moment spent with their favorite companions.